

November 13 - 17, 2017

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|----------------------------|--|--|---|---|---|
| AM | Milk | Milk | 100% Fruit Juice | Milk | 100% Fruit Juice |
| SNACK | Cereal Banana Slice | Cheese Toast Fruit | Hash Browns Sausage Patty | Pancakes Bacon | Grits Toast |
| Age Appropriate Sub | | | | | |
| LUNCH | Milk Curry Chicken w/Rice Steamed Green Peas (FZ) Diced Pears | Milk Spaghetti & Meatballs Green Beans (FZ) Pineapple Tidbits | Milk Salisbury Steak Mashed Potatoes Peaches | Milk Chicken Noodle Casserole Steamed Mixed Vegetables (FZ) Mandarin Oranges | Milk Grilled Cheese Sandwich Tomato Soup Mixed Fruit |
| Vegetarian Option | Curry Rice | Spaghetti w/Marinara | Veggie Nuggets | Noodles w/Cheese | |
| Age Appropriate Sub | | | | | Steamed Corn (FZ) |
| PM | 100% Fruit Juice | Water | Milk | 100% Fruit Juice | Milk |
| SNACK | Club Crackers | Crackers Soy Butter | Banana Muffin | Goldfish | Cinnamon Breadsticks |
| Age Appropriate Sub | | | | | |

(F)=Fresh fruit or Vegetable
(FZ)=Frozen

Water is available to children throughout the day and at all meals and snacks when desired.

All juice served is 100% fruit-juice.

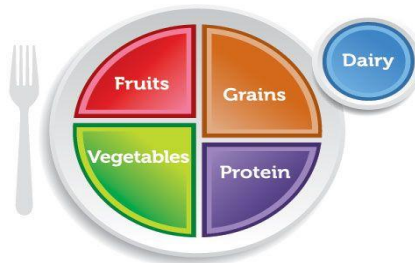
Children age 12-24 months are served whole milk.

Children 24 months of age and older are served 1% milk.

Seconds will be served upon child's request.

Half Day students will be served Pm Snack at 10:45 a.m.

This Seasonal Menu is subject to change. All changes are posted.



Lunch Serving Size

Meat or Meat Alternative

1 oz. (1-2 yr): 1-1/2 oz. (3-5 yr): 2 oz. (6-12 yr)

Vegetables

1/8 cup (1-2 yr): 1/4 cup (3-5 yr): 1/2 cup (6-12 yr)

Fruit

1/8 cup (1-2 yr): 1/4 cup (3-5 yr): 1/4 cup (6-12 yr)

Whole Grain

1/2 serving or 1/4 cup (1-5 yr): 1 serving or 1/2 cup (6-12 yr)

Skim or 1% Milk

4 oz. (1-2 yr): 6 oz. (3-5 yr): 8 oz. (6-12 yr)