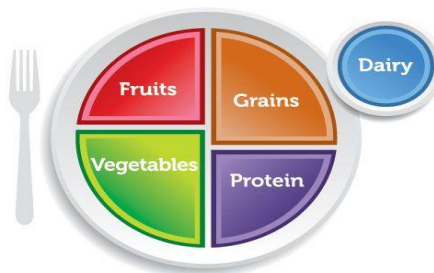


**November 27 - December 1, 2017**

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>AM</b>	Milk	Milk	100% Fruit Juice	100% Fruit Juice	Milk
<b>SNACK</b>	Cereal Toast	French Toast Sticks Turkey Sausage	Eggs Hash Browns	Chicken Patty Biscuit	Oatmeal Cinnamon Toast
<b>Age Appropriate Sub</b>					
<b>LUNCH</b>	Milk  Chicken Tenders Mashed Potatoes Apple Slices (F) Roll	Milk  Beef-A-Roni Green Beans (FZ) Diced Pears	Milk  Macaroni and Cheese w/Turkey Steamed Mixed Vegetables (FZ) Pineapples	Milk  Alfredo Meatballs & Noodles Steamed Green Peas (FZ) Mandarin Oranges	Milk  Cheese Pizza Whole Kernel Corn (FZ) Sliced Peaches
<b>Vegetarian Option</b>	Veggie Nuggets	Noodles w/Marinara & Cheese	Macaroni & Cheese	Alfredo Noodles	
<b>Age Appropriate Sub</b>					
<b>PM</b>	100% Fruit Juice	100% Fruit Juice	Milk	Milk	Water
<b>SNACK</b>	Cheese It's	Ritz Soy Butter	Cinnamon Breadsticks	Blueberry Muffins	Crackers Cheese Slice
<b>Age Appropriate Sub</b>					

(F)=Fresh fruit or Vegetable  
(FZ)=Frozen

- \*Water is available to children throughout the day and at all meals and snacks when desired.\*
- \*All juice served is 100% fruit-juice.\*
- \*Children age 12-24 months are served whole milk.\*
- \*Children 24 months of age and older are served 1% milk.\*
- \*Seconds will be served upon child's request.\*
- \*Half Day students will be served Pm Snack at 10:45 a.m.\*
- \*This Seasonal Menu is subject to change. All changes are posted.\*



**Lunch Serving Size**

**Meat or Meat Alternative**

1 oz. (1-2 yr): 1-1/2 oz. (3-5 yr): 2 oz. (6-12 yr)

**Vegetables**

1/8 cup (1-2 yr): 1/4 cup (3-5 yr): 1/2 cup (6-12 yr)

**Fruit**

1/8 cup (1-2 yr): 1/4 cup (3-5 yr): 1/4 cup (6-12 yr)

**Whole Grain**

1/2 serving or 1/4 cup (1-5 yr): 1 serving or 1/2 cup (6-12 yr)

**Skim or 1% Milk**

4 oz. (1-2 yr): 6 oz. (3-5 yr): 8 oz. (6-12 yr)